Chapter 1

A 30-year-old gentleman presented to the emergency department with 3 days history of fever and sore throat. Physical examination showed enlarged left tonsil with exudate. An urgent CECT of the neck was performed to rule out peritonsillar abscess (Figs 1a-d)

What are the imaging findings and diagnosis?



Findings:

- Axial (Figs 1a, b), coronal (c) & sagittal (d) CECT show enlarged left tonsil (\rightarrow) with multiple small round hypodense areas with rim enhancement. The oropharyngeal airway (*) is mildly narrowed. Note the relationship of the abscess to the carotid sheath (\blacktriangle).

Diagnosis: Acute tonsillitis with peritonsillar abscess

Neck Abscess

Introduction

- Neck abscess is an acute condition and can be classified according to etiology and location.
- Common etiologies include foreign body ingestion / impaction, acute tonsillitis, dental caries and iatrogenic (eg. postoperative).
- Common locations include tonsil (Figs 1a-e), submandibular and masticator spaces. There may be extension down the oro- / hypopharynx and mediastinum (Figs 1f,g).



Fig I e Coronal CECT neck in a drug abuser shows enlarged left tonsil (\rightarrow) and large neck abscess (\blacktriangle), seen as multiple hypodense rim enhancing areas extending inferiorly to the left submandibular space and lower neck.







Abscess



Fig1f Axial CECT thorax (same patient as above) shows a small hypodense abscess collection in the superior mediastinum (\rightarrow).

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hypopharyngeal Abscess

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Fig I g Axial CECT shows large rim enhancing abscess (\rightarrow) at the left oropharynx, causing significant narrowing of the airway (*).

Neck Abscess

- Symptoms depend on location of the abscess and can include sore throat, dysphagia, trismus. Systemic symptoms such as fever and chills are usually present.
- CECT is the preferred Imaging modality, particularly in evaluating the deep extent and any inferior extension into the mediastinum.
 Typical features include a hypodense lesion with rim enhancement.
 Extension to the retropharyngeal space or mediastinum should also be looked for.
- Although MRI is an alternative imaging modality, its limited availability and longer duration of scan makes it less applicable in acute clinical abnormalities in the neck.





Masticator

Space Abscess

Sternocleidomastoid Muscle Abscess

Neck Abscess

PEARLS:

- Common locations of neck abscess include tonsil, submandibular and masticator spaces. There may be extension to the mediastinum, parapharyngeal and retropharyngeal spaces.
- CECT is the imaging modality of choice. It is readily available, fast and provides excellent anatomical details of local and regional extent.